

### Guide to giving your rabbit fresh fruit, veggies & herbs...

This is not all inclusive list but a guide to get you started on the right path as a rabbit parent.

## Safe leafy veggies & herbs low in oxalates

#### Feed your rabbit mostly these.

- Romaine Lettuce
- Green/Red leaf Lettuce
- o Kale
- o Arugula
- Carrot Tops
- o Endive
- o Spring Greens
- Frisée Lettuce
- Mache
- o Chicory
- o Dill Leaves
- o Blackberry Leaves
- Raspberry Leaves
- Turnip Greens
- Mint
- o Basil
- Dandelion Greens & Flowers
- o Radicchio
- o Fennel
- o Yu Choy
- o Borage Leaves
- Celery Leaves
- o Clover
- Cucumber

## Safe leafy veggies & herbs high in oxalates

### Feed sparingly.

- Mustard Greens
- Beet Greens
- Radish Tops
- o Swiss Chard
- o Spinach
- Parsley
- o Sprouts

## Safe non-Leafy veggies & herbs

- Feed sparingly.
- o Broccoli/Cauliflower (Can cause gas.)
- o Cabbage (Can cause gas.)
- Carrots
- Bell Pepper
- Sweet Pepper
- o Brussel sprouts
- o Summer Squash
- o Zucchini Squash
- o Broccolini
- o Chinese Pea Pods
- Celery
- Asparagus
- o Parsnips
- Pumpkin

### Safe Fruit

# Feed <u>very</u> sparingly. 1 teaspoon per 2 lbs of body weight per day.

- Pear
- o Apple (no seeds/stem)
- o Plum (no pit)
- Peach
- o Kiwi
- Pineapple
- Blackberry
- BlueberryRaspberry
- RaspberryStrawberry
- Huckleberry
- Marionberry
- Loganberry
- Mango
- o Papaya
  - (good for digestion)
- Banana (no peel)
- Currants
- o Starfruit
- Necterine
- Apricot
- Melon
- Watermelon
- Grapes

#### **NOT SAFE**

### Don't give in any amount.

- Potatoes
- Avacados
- Fruit pits
- o Any type of seeds
- Rhubarb
- Nuts
- Dog & cat food
- Meat
- Dairy
- Bread
- o Cereal
- Yogurt Drops

   (even if labeled for rabbits)
- Pellets with colorful treats/nuts/seeds mixed in
- o Iceberg lettuce
  (no nutritional value,
  can cause
  bloat/diarrhea)
- Raisins
- Any high sugar or processed foods.
- o Corn
- Soy